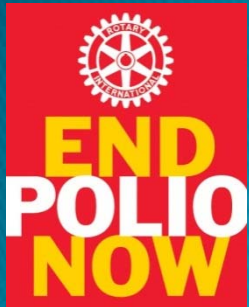


ROTARY DISTRICT 3310

Walks to End-Polio Now

Basic Polio Facts



What is POLIO ?

- An infection caused by the smallest viruses that infect humans called enteroviruses
- Highly contagious : fecal–oral / oral–oral route
- Any age can get – but mostly children below 5 years
- Causes paralysis, lung problems, limb deformity
- Severe cases can result in death
- Mild cases (95%) – no symptoms

What is POLIO ?

- 3 types : Type 1,2 & 3 – many strains of each type
- non-paralytic : fever, sore throat, nausea
- Spinal paralytic : leg paralysis
- Bulbar : can result in life in an iron lung
- No cure – only prevention
- 2 vaccines since 1954
- 1954 – Salk vaccine (IPV) by injection (3+1 doses)
- 1961 – Sabin vaccine (OPV) by oral administration
3–18 or more doses needed)

POLIO Timeline

- 1342BC – Polio present in civilisation
- 1931 – Polio virus identified : Types 1,2 & 3
- 1954 – Dr Salk produces 1st vaccine
- 1961 – Dr Sabin produces 2nd vaccine
- 1985 – Rotary launches Polio-Plus programme :
350,000 polio cases in 125 countries
- 2015 – 3 countries left : Nigeria, Afghanistan &
Pakistan .. BUT now cases in Syria,
Cameroon & Equatorial Guinea



**Sabin vaccine (OPV)
is the vaccine
of choice
because of the ease
of administration
Up to 18 doses**

**1998
Enhanced version of
IPV approved
99% immunity with
3 doses + booster**

every last child

PAHO / WHO Statement

“ As long as a single child remains infected, children in ALL countries are at risk of contracting Polio. “

Failure to eradicate polio from these last remaining strongholds could result in as many as 200,000 new cases every year, within 10 years, all over the world .

New Polio Eradication Plan 2013–18

Cost : USD 5.5 billion ($\frac{3}{4}$ raised)

remaining amount needs additional donors



Our efforts

A joint participation of D 3310 / 3300 members
“ Rotary Walks to End-Polio Now ! “

2009 Alor Setir to Kuala Lumpur : 500km

2010 Kuala Lumpur to Singapore : 400km

2011 Trans-Sabah Walk n Climb : 400km
Sandakan to Kota Kinabalu with a Climb
up Mt Kinabalu along the way !

2015 Sibu to Kuching by D3310 : 422km
(Target set by DG Andre : USD 100k)



WE NEED YOUR GENEROUS HELP !



Walkers

Johor Bahru
PP Dr Anga

Likas Bay
Mervin Voo
(former Rotaractor)

Spore West
AG Wei Lien

Sibu to Kuching from April 20 – May 1st : 422 km

May 1st at 9.30am : Mass participation Walk
in Kuching from the DC Hotel to Civic Square



Rotary
District 3310



...together, let us help

**END
POLIO
NOW**

Thank you



THE WALK

And off we go !



Blister treatment





**Blisters were the main
Problem ... ouch !!
Also sprains & strains ..!**





Breakfast



Leaving Seremban
at 3am





So HOT !



So tired !

Reloading !





Xmas in Labis – thks to
PP Maria



Spore-leg : we made it !




**END
POLIO
NOW**

Join us for the Trans-Sabah ??

November 7 – 18, 2011





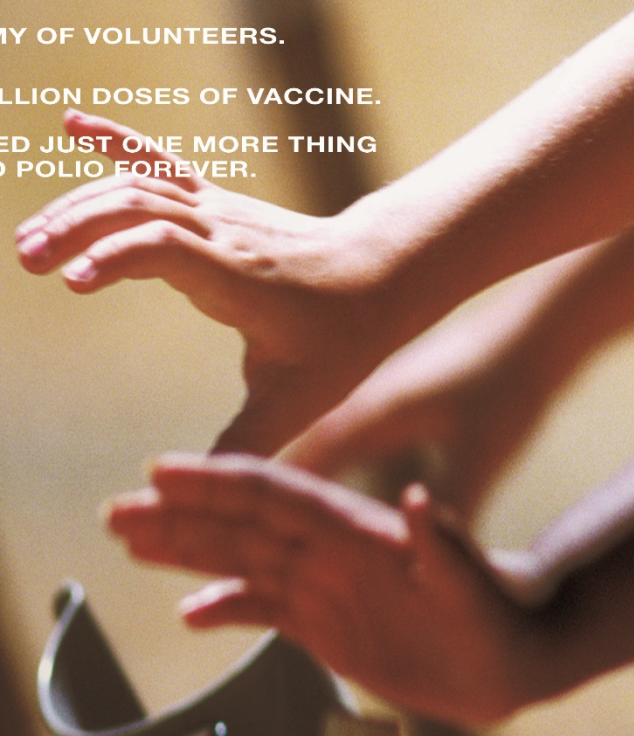
33,000 ROTARY CLUBS.

AN ARMY OF VOLUNTEERS.

TWO BILLION DOSES OF VACCINE.

WE NEED JUST ONE MORE THING
TO END POLIO FOREVER.

YOU.



Donate and Support Rotary's **END POLIO**
TRANS-SABAH WALK AND CLIMB
Sandakan - Mount Kinabalu - Kota Kinabalu
7 - 18 November 2011



Rotary.
Humanity in motion.

.... from Sandakan to K Kinabalu 326km



.... across the beautiful Crocker Range



There's a
mountain
to climb
along the
way



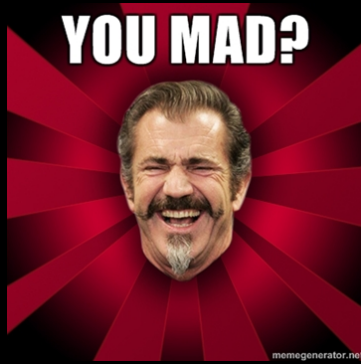

Mt K - 4095m





50 ft, wow! →





There's Purpose
to this Madness

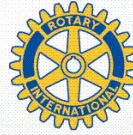


Mad Hatter





Polio still cripples thousands of children around the world. With your help, we can wipe this disease off the face of the earth forever. Visit rotary.org/endpolio to help.



END POLIO NOW

Rotary

We Are **ThisClose** to Ending Polio.

Bill Gates

TRF's

US\$200 Million
Challenge

to match
The Gates
Foundation's
US\$355 Million

Do you need *muscles* to go Trans-Sabah ?



No, you have *6 months* to be reasonably fit

Updates in the district website



7th – 18th November 2011

Let us do our part



to help End-Polio Now !

See you !

